

The River Christian Church NZ
H.E.A.R. Journal reading chapter list

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Group session
Week 1	Matthew 5	Matthew 6	Matthew 7	Genesis 1	Genesis 2	Genesis 3	John 4
Week 2	Mark 1	Isaiah 40	1 Kings 19	Exodus 33, 34	Psalms 23, 24, 25	Ecclesiastes 1	Deuteronomy 30
Week 3	Mark 2	Exodus 3	John 8	Acts 5	Psalms 104	Proverbs 1, 2	Acts 10
Week 4	Mark 3	Matthew 13	John 15	Jeremiah 31	Daniel 6	Proverbs 3, 4	Psalms 139
Week 5	Mark 4	Leviticus 17	Hosea 6	Micah 6	Genesis 28	Ecclesiastes 2	Genesis 4
Week 6	Genesis 14, 15	Genesis 21	Deuteronomy 4	Exodus 25	Hebrews 9	Ecclesiastes 3	Deuteronomy 6
Week 7	Mark 5	Genesis 37	Exodus 2	2 Samuel 11	Numbers 16	Ecclesiastes 4, 5	Romans 1
Week 8	Romans 2	Romans 3	Romans 4	Romans 5	Romans 6	Romans 7	Exodus 20
Week 9	Mark 6	Genesis 6, 7	Genesis 8, 9	Genesis 18, 19	2 Samuel 12	Proverbs 5, 6	Revelation 20, 21
Week 10	1 Peter 1	1 Peter 2	1 Peter 3	1 Peter 4	1 Peter 5	Ecclesiastes 6, 7	Revelation 12
Week 11	Mark 7	2 Kings 5	Ezekiel 37	Psalms 42	Luke 11	Proverbs 7, 8	Psalms 51
Week 12	Mark 8	Jonah 1	Jonah 2	Jonah 3	Jonah 4	Ecclesiastes 8, 9	James 1, 2
Week 13	Mark 9	Galatians 1, 2	Galatians 3, 4	Galatians 5, 6	Psalms 1, 2, 3	Ecclesiastes 10, 11	Luke 23
Week 14	Mark 10	Hebrews 1, 2	Hebrews 3, 4	Hebrews 5, 6	Hebrews 7, 8	Proverbs 9, 10	Hebrews 10
Week 15	Mark 11	John 1	John 5	Isaiah 9	John 11	Ecclesiastes 12	John 10
Week 16	Mark 12	Isaiah 53	Exodus 12	Luke 22	John 6	Proverbs 11, 12	Genesis 22
Week 17	Ephesians 1	Ephesians 2	Ephesians 3	Ephesians 4	Ephesians 5	Ephesians 6	Philemon 1
Week 18	1 John 1, 2, 3	2 Corinthians 1	Romans 8	Philippians 1, 2	Philippians 3, 4	Proverbs 13, 14	John 14
Week 19	Mark 13	1 Corinthians 9	Romans 9, 10	Isaiah 61	Luke 3, 4	Proverbs 15, 16	1 Timothy 3, 4
Week 20	Mark 14	Jeremiah 30	Romans 11, 12	2 Corinthians 5	Judges 7	Proverbs 17, 18	John 17
Week 21	Mark 15	Psalms 22	Romans 13, 14	Colossians 1, 2	Colossians 3, 4	Matthew 28	Luke 24
Week 22	Matthew 18	Isaiah 6	Romans 15, 16	Hebrews 11, 12	Matthew 24	Proverbs 19, 20	Mark 16
Week 23	Acts 1, 2, 3	1 Corinthians 12, 13	1 Corinthians 1, 2	Acts 6, 7	Ezekiel 47	Proverbs 21, 22	Matthew 10
Week 24	Luke 10	Isaiah 60	Joshua 1	Jeremiah 1	1 John 4, 5	2 Timothy 3, 4	1 Timothy 1, 2

About

This journal chapter reading list has been designed for a small group of people 2-3 to follow the daily H.E.A.R. journal process and begin a journey through the bible together over 24 weeks. Structurally the chapters have been arranged thematically in 6-week blocks and week by week. Some books are covered across a week and others are spread across multiple weeks to match themes.

The first block covers the nature of God: different experiences that reveal something about who God is; the nature of the trinity; the purpose and value of humanity; what behaviours please God; and a hop through the Old Testament describing key events in the unfolding of God's ultimate plan.

The second block covers the nature of humanity: our inner turmoil and the actions that affect those around us; our inability to meet moral perfection under the law; God's place as judge of what is right and wrong; facing adversity in the spiritual world; how humanity has a need for God; and how simple obedience is a struggle.

The third block covers the nature of Jesus: how Jesus is the fulfillment of the law; how Jesus has become the eternal high priest; how Jesus claims to be God himself; how Jesus is the perfect sacrificial Passover lamb and sufficient sacrifice; how being in Christ means being part of his body and his Church; and then how the Holy Spirit empowers the individual and the church to live life to the full.

The fourth block covers the nature of the mission: how we have a role in sharing the good news of the favour of God on us; how unity between people is a feature of a followers of Jesus; the new authority available in the church and the believer's life; the commission to go; the role of the Holy Spirit in empowering the believer to demonstrate God's love; leading to multiplication through discipleship.