

# H.E.A.R

## JOURNAL TEMPLATE

H

**HIGHLIGHT:**

WRITE THE VERSE THAT STOOD OUT TO YOU IN THE CHAPTER

E

**EXPLAIN:**

WHAT DO YOU THINK THE VERSE MEANS / WHAT IS BEING SAID?

A

**APPLY:**

WHAT DO I THINK GOD IS SAYING THROUGH THIS VERSE TO ME?

R

**RESPOND:**

WHAT'S SOMETHING SPECIFIC I CAN CHANGE OR DO DIFFERENTLY IN MY LIFE AS A RESULT?

QUESTIONS: